

Nov. 2017

ARCADIA SCHOOL DISTRICT MENU

Grades 9-12

MONDAY

30
Lasagna Roll up
w/Meat Sauce
Garlic Bread Stick
or Salad Bar

Green Beans
Baby Carrots w/Dip
Fresh Fruit
Chilled Pears

6
No School

13
Deli Turkey & Cheese Wrap
w/ Lettuce & Tomatoes
or Salad Bar

CHEEZ-IT Crackers
Broccoli w/Cheese Sauce
Mixed Fruit
Strawberry Sauce

20
Goulash w/Bread Stick
or Salad Bar

Lettuce Salad
Whole Kernel Corn
Mandarin Oranges
Fresh Kiwi
Peanut Butter Bar

27
Meatballs & Gravy w/
w/2 Dinner Rolls
or Salad Bar

Whipped Potatoes
Baby Carrots w/Dip
Pineapple Tidbits
Fresh Apple Slices

TUESDAY

31
Roasted Chicken w/2 Sl.Bread
or Salad Bar

Lettuce Salad
Baked Beans
Peach Slices
Banana
Sugar Cookie

7
Chicken Noodle Soup
or Salad Bar

Lettuce Salad
Whole Kernel Corn
Applesauce
Frozen Blueberries
Glazed Cinnamon Roll

14
Scalloped Potatoes w/ Ham
w/2 Dinner Rolls
or Salad Bar

Lettuce Salad
Carrot Coins
Applesauce
Orange Smiles

21
Super Nachos

Refried Beans
Carrot Coins
Applesauce
Orange Smiles

28
Chicken Patty on a Bun
w/Lettuce

Raw Veggies w/Dip
Baked Beans
Applesauce
Banana
Pumpkin Bar

WEDNESDAY

1
Popcorn Chicken Bowl
w/ Whipped Potatoes, Gravy
and Corn
w/Dinner Roll
or Salad Bar

Raw Veggies w/Dip
Pineapple Tidbits
Local Fresh Apple

8
Soft Shell Taco
w/ Fixings

Steamed Rice
Refried Beans
Early June Peas
Tropical Fruit Mix
Banana

15
Chicken Fajita 8"
w/Lettuce &
Diced Tomatoes

Steamed Rice
Raw Veggies w/Dip
Peach Slices
Apple Crisp

22 **Early Dismissal**
Lings Mandarin Orange Chicken
or PBJ w/ String Cheese
or Salad Bar

Steamed Rice
Lettuce Salad
Early June Peas
Chilled Pears
Local Fresh Apple

29
Bosco Sticks
Marinara Sauce
or Salad Bar

Lettuce Salad
Whole Kernel Corn
Chilled Pears
Fresh Grapes

THURSDAY

2
Pizzaburgers
or Salad Bar

Lettuce Salad
Broccoli w/Cheese Sauce
Mandarin Oranges
Melon Slices

9
Chicken Nuggets
w/Dinner Roll
or Salad Bar

Raw Veggies w/Dip
Broccoli w/Cheese Sauce
Pineapple Tidbits
Melon Slices

16
Big Daddy's Cheese or
Pepperoni Pizza

Lettuce Salad
Whole Kernel Corn
Applesauce
Fresh Grapes

23
No School

30
Hamburger or Rib
on a Bun
or Salad Bar

Deli Roasters Potatoes
Early June Peas
Mixed Fruit
Melon Slices

FRIDAY

3
Philly Steak & Cheese
or Rib
on a Fresh Baked Sub Bun
or Salad Bar

Whole Kernel Corn
Roasted Onion & Peppers
Applesauce
Fresh Fruit

10
Roasted Pork
w/2 Dinner Rolls
or Salad Bar

Whipped Potatoes & Gravy
Green Beans
Peach Slices
Fresh Grapes

17
Turkey w/Gravy or
Ham Slice
Dinner Roll
Whipped Potatoes
Stuffing
Green Beans
Cranberries
Mandarin Oranges
Apple Slices
Jonny Pop Ice Cream

24
No School

1
Big Daddy's Cheese or
Pepperoni Pizza

Lettuce Salad
Broccoli w/Cheese Sauce
Peach Slices
Fresh Fruit

Fat free chocolate & white milk is offered at all meals.
Garden bar offered daily
USDA is an equal opportunity provider and employer.
All Menus are Subject to Change

