

Oct. 2017

ARCADIA SCHOOL DISTRICT MENU

Grades 9-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Brookwood Farms Pork BBQ
on a Bun
or Salad Bar

3
Chicken Alfredo
in a Bread Bowl
or Salad Bar

4
Soft Shell Taco
w/ Fixings

5
Bosco Sticks w/
Marinara Sauce
or Salad Bar

6 Homecoming
Hamburger on a Bun
or Hot Dog on a Bun

Spiral Fries
Green Beans
Peach Slices
Fresh Grapes

Lettuce Salad
Whole Kernel Corn
Applesauce
Frozen Blueberries

Steamed Rice
Refried Beans
Early June Peas
Tropical Fruit Mix
Banana

Raw Veggies w/Dip
Broccoli w/Cheese Sauce
Pineapple Tidbits
Melon Slices

Sun Chips
Baked Beans
Baby Carrots w/Dip
Chilled Pears
Local Fresh Apple

2
9
Nardone Cheese or
Pepperoni Pizza

2
10
Roasted Pork
w/Dinner Roll

2.5
11
Grilled Cheese Sandwich
or Salad Bar

2
12
Chicken Fajita 8"
w/Lettuce &
Diced Tomatoes

3.25
13
Hot Ham & Cheese
on a Bun
or Salad Bar

Lettuce Salad
Whole Kernel Corn
Applesauce
Orange Smiles

Whipped Potatoes & Gravy
Broccoli w/Cheese Sauce
Chilled Pears
Strawberries

Tomato Soup
Lettuce Salad
Mixed Fruit
Fresh Apple Slices

Steamed Rice
Baby Carrots w/Dip
Peach Slices
Apple Crisp

Raw Veggies w/Dip
Baked Beans
Applesauce
Melon Slices

2
16
Breaded Pork Chop
w/Dinner Roll
or Salad Bar

2
17
Super Nachos

2
18
Lings Mandarin Orange Chicken
or Chicken Tenders
or Salad Bar

No School

No School

Raw Veggies w/Dip
Au gratin Potatoes
Mandarin Oranges
Melon Slices

Refried Beans
Carrot Coins
Mixed Fruit
Fresh Fruit

Steamed Rice
Lettuce Salad
Early June Peas
Chilled Pears
Local Fresh Apple

2
23
Meatballs & Gravy w/
w/2 Dinner Rolls
or Salad Bar

2.25
24
Chicken Patty on a Bun
w/Lettuce

2
25
Bosco Sticks w/
Marinara Sauce
or Salad Bar

26
Hamburger or Rib
on a Bun
or Salad Bar

27
Big Daddy's Cheese or
Pepperoni Pizza

Whipped Potatoes
Baby Carrots w/Dip
Pineapple Tidbits
Fresh Apple Slices

Raw Veggies w/Dip
Baked Beans
Applesauce
Banana
Pumpkin Bar

Lettuce Salad
Whole Kernel Corn
Chilled Pears
Fresh Grapes

Sweet Potato Fries
Early June Peas
Mixed Fruit
Melon Slices

Lettuce Salad
Broccoli w/Cheese Sauce
Peach Slices
Fresh Fruit

2
30
Lasagna Roll up
w/Meat Sauce
Garlic Bread Stick
or Salad Bar

2.5
31
Roasted Chicken w/Bread
or Salad Bar

2
1
Popcorn Chicken Bowl
w/ Whipped Potatoes, Gravy
and Corn
or Salad Bar

2
2
Pizzaburgers
or Salad Bar

Lettuce Salad
Broccoli w/Cheese Sauce
Mandarin Oranges
Melon Slices

2
3
Philly Steak & Cheese
or Cold Cut & Cheese
on a Fresh Baked Sub Bun
or Salad Bar

Green Beans
Baby Carrots w/Dip
Orange Smiles
Chilled Pears

Lettuce Salad
Baked Beans
Peach Slices
Banana
Sugar Cookie

Raw Veggies w/Dip
Pineapple Tidbits
Local Fresh Apple

1.5

Potato Smiles
Roasted Onion & Peppers
Applesauce
Fresh Fruit

2

Fat free chocolate & white milk is offered at all meals.
Garden bar offered daily
USDA is an equal opportunity provider and employer.

